

Amuri Community Health Centre

Vaccinations Update

Flu Vaccines

Flu vaccines will be available at Amuri Health Centre from early April onwards.

Flu Vaccines are free for all pregnant women, those over 65 years and all those with a chronic health condition such as (but not limited to) Asthma, COPD, Heart Disease, Diabetes, and Cancer.

If you are not sure if you are eligible for a free flu vaccine, please give our nurses a call to discuss.

Amuri Health Centre will be holding Flu vaccine clinics initially for our **over 65yr population** commencing Thursday 15th April, with clinics also on 16th, 20th, 22nd, and 23rd April.

Flu vaccination for those with Chronic conditions, pregnancy & the general public will be advised when the vaccine becomes available.

Also...

ZostaVax – Shingles Vaccine

Amuri Health also recommends the **FREE Shingles vaccinations for all aged 65-80 years.**

Vaccines are in stock. These **can** be given with your Flu vaccination – please when you book in for your flu vaccine please advise if you would like your Shingles vaccination also.

Around 1 in 3 people will get shingles in their lifetime and as you age, your risk of Shingles increases and the symptoms and aftereffects can be much more severe.

Shingles is caused by the same virus as Chickenpox and can cause a painful and unsightly blistering rash more often to the face or torso.

Shingles vaccination is a single dose injection that reduces the risk of developing shingles and associated short and long-term effects.

If you have questions or concerns regarding Shingles vaccination, please call one of our nurses to discuss further.

Covid Vaccination Update

Thanks for all your questions around the Covid Vaccination process, unfortunately a number of them we have been unable to answer as we are yet to be informed as to how Vaccination will proceed in the community and especially in rural areas. Rest assured vaccination is underway and there will be a process in place for community vaccination available soon however general community vaccination is unlikely to commence until July/August. In the meantime, it is recommended that Flu Vaccination proceeds as per usual to ensure protection from seasonal Influenza and respiratory issues relating to this.

Below is a table outlining the Covid-19 Vaccination Roll out process & Priority groups as per the Ministry of Health.

Group	Definition	Approx Numbers
1a	Border Control, Airline & MIQ workforce – (well underway)	15,000
1b	Family members and household contacts of group 1a – (underway)	40,000
2a	Frontline healthcare workers (non-border) with risk of exposure to Covid-19 in providing care – (due to commence soon)	57,000
2b	Frontline healthcare, hospital, emergency service, and government organisation workers who may expose vulnerable people to Covid-19	183,000
	At Risk people living in settings with high risk of transmission – Those within Counties Manakau Health Board, Long-term residential care, Older persons living within shared whanau environment	234,000
3a	People over 75 years not included in group 2	317,000
3b	People over 65 years not included in group 2	432,000
3c	People with underlying/chronic health conditions or disabilities	730,000
4	The remainder of the population	2,000,000